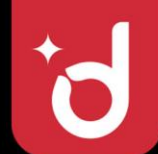




NVGGETS CORNFLAKES LUCA

LUCA100



100% wheat protein vegan nuggets. Breaded in crispy cornflakes cereals with interior identical to chicken. Irresistible!

Nutritional information

Average nutritional information	100g (1 portion)	% IR*
Energetic value	896kj/ 210kcal	11%
Fat	6,6g	9%
Saturated fat	0,6g	3%
Carbohydrates	24g	9%
Sugar carbohydrates	3,7g	4%
Protein	14g	28%
Salt	0,88g	14%

*Reference intake of an average adult (8400 kj / 2000 kcal)

Characteristics

Unit weight: 25g

Measures: 4,3 x 3,7 cm

Bag: non applicable

Box: 3,5kg

Pallet: 150

Conservation: -18°C

Allergens

Gluten

Traces

Eggs, Milk and Soy

Preparation:

Fryer: 4-5 min 180°C

Oven: 16-20 min 200°C

Pan: 7-8 min



*Information referred to weight, measures and preparation is approximate.



📍 Carrer del Xarol, 20, Nave 20B
08915 Badalona · Barcelona · Spain

✉ info@idgastronomic.com

☎ +34 934 289 308

🌐 www.idgastronomic.com