

Vegetable burger breaded in seeds and oat flakes.

Nutritional information

Average nutritional information	100g (1 portion)	% IR*
Energetic value	881kj/212kcal	11%
Fat	12g	17%
Saturated fat	1,3g	6%
Carbohydrates	19g	7%
Sugar carbohydrates	2,5g	3%
Protein	4g	8%
Salt	1g	17%

*Reference intake of an average adult (8400 kj / 2000 kcal)

Characteristics

Unit weight: 120g

Medidas: 12cm diámetro x 0,9cm width

Bag: 960g

Box: 5 bags x 960g

Pallet: 104

Conservation: -18°C

Allergens

Gluten

Traces

Eggs, Milk, Cellery, Soy and Mustard

Preparation:

Fryer: 3,5-4 min 180°C

Oven: 15-20 min 200°C



*Information referred to weight, measures and preparation is approximate.