

Nutritional information

Average nutritional information	100g (1 porción)	% IR*
Energetic value	362kj/86kcal	4%
Fat	1g	1%
Saturated fat	0,3g	1%
Carbohydrates	2,5g	1%
Sugar carbohydrates	0,1g	<1%
Protein	16,5g	33%
Salt	1,7g	28%

Characteristics

Unit weight: no aplica

Measures: 9,5mm

Bag: 2,5kg

Box: 4 bags x 2,5kg

Pallet: 56

Conservation: -18°C

Allergens

It does not contain allergens

Traces

Gluten, Eggs, Milk, Cellery, Sesame, Soy and Mustard

Preparation:

Oven: 8 min 175°C

Microwaves: 1 min 900W

Pan: 2 min

*Reference intake of an average adult (8400 kj / 2000 kcal)



*Information referred to weight, measures and preparation is approximate.